

*Spring
2019
Brochure*

*April,
May,
June*

Institute for Spiritual Development

*"A Church & Holistic Center
For Metaphysical Living"*

**15 Sparta Avenue, Sparta, NJ
(973) 551-5300*
www.isdsparta.org**

Services

You are invited to join us each Sunday morning
at 10:30 am in a Service of Celebration.

The service are centered on God's
most precious gifts to us
and our greatest gifts to one another
– Love and Understanding.

We invite you to take the opportunity to express and
experience a sense of the Infinite Presence within yourself
in an atmosphere of love, friendship,
understanding, and support.

National Headquarters

Institute for Spiritual Development

5611 NE 16th Ave.,
Fort Lauderdale, Florida 33338
Reverend James De Biasio, Spiritual Advisor
954-229-0758

Other Institute for Development Locations

5419 Sherier Place NW,
Washington, DC 20016
Reverend Rob Banaszak, Director
202-363-7106

170 Main Street, (Masonic Lodge #93)
Madison, NJ 07940
Reverend Diana Flanagan, Director
Reverend Ray Brennan
973-437-4370

41-45 Dietz St., Suite#1
Oneonta, NY
Reverends Diana Friedell and Sue Langdon, Directors
(607) 386-0849

About the Institute

The Institute is a non-profit organization, dedicated to the service of your growing awareness and to fostering an environment in which each individual may be stimulated to pursue his or her own true spiritual unfoldment, uninhibited by dogmatic concerns. To arouse a process of joyous living, creative genius, cooperation, health, prosperity, and universal service is to arouse the spiritual heart of the organization.

Believing that the search for your truth embodies a personal examination of all philosophies and religions, the Institute Experience seeks to provide the focal point for that search and a nurturing environment in which the evolution of your spiritual progression may be realized.

Offering a wide variety of growth experiences, the Institute and its well-trained professional staff provide the fulcrum where each may endeavor to explore and express the Truth as he or she understands it. The on-going and comprehensive series of study and development experiences in esoteric, metaphysical, occult, healing and personal growth are augmented by the spiritual fellowship, guidance and shared experiences which are available.

Needing only an openness to Truth, the seeker is then encouraged to pursue the expansion of awareness of his or her inner self through service, and to unfold in the arms of love the potential for perfection that lies awaiting within.

A Church for Metaphysical Living, the Institute seeks to provide a common ground in which souls passionate to grow may resolve the differences of mind and experience which appear to separate us and grow by sharing, in joy as well as in pain. The Institute is a shelter to nurture the best that is within us, a proving ground of our resolve, a place of peace, and hope, and light, and comfort, of work, of rest, of spiritual growth, of enlightenment.

Thus, with love do we greet you, and with hope do we grow with you . . . not by the efforts of one or a few, but by the energy of all.

*Reverend James E. De Biasio,
Spiritual Advisor*

*Institute For Spiritual Development - Sparta
Director and Spiritual Advisor, Kathy Kerston*



Special Events

Messages from Loved Ones in Spirit An Evidential Mediumship Gallery

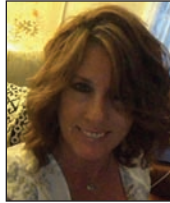
With Special Guests

Lucia Cochran, Cathy McCall and Bill Bradley

Monday, April 1, at 7:30 PM

Enjoy an "Evening of Reunion and Communion" with loved ones in Spirit as Lucia, Cathy and Bill join many present with family and friends in the Spirit World. These three gifted mediums will bring specific and accurate information about people in Spirit, touching shared memories and bringing messages of love from the Spirit World.

Lucia Cochran is an intuitive, medium, angel communicator, spiritual advisor and Spiritual Response Practitioner.



Specializing in spiritual healing and Chakra clearings, Lucia has had a spiritual private practice for 15 years. She loves to assist her clients in understanding the laws of the Universe-to keep up their frequency and stay on higher levels of awareness.

Catherine McCall is a psychic and evidential medium who became aware of the presence of spirit at a very young age.



Cathy has dedicated much of her life to connecting people with their loved ones who have crossed over. She regularly reads for private clients and holds group sessions and public/charity events.

Bill Bradley is a psychic, clairvoyant, medium and intuitive healer. He specializes in seeing patterns in a person's energy field that cause disharmony to their health and wellness. He receives information from the Spirit World, which gives him specific information with startling clarity and assists him in removing these disharmonious energy patterns.



This evening, filled with love, understanding and joy, is certain to warm the hearts of those present with the knowledge that those we have cared about are just a thought and a breath away.

All proceeds from this evening will be donated to ISD.

Fee: \$25

Special Events

New Moon Ceremonies

**Thursday, April 4, and Saturday, May 4,
at 7:30 PM**

Led by Rev. Thony Innocent



The new moon occurs when the moon is positioned between the earth and sun, and the entire illuminated portion of the moon is on the half that is not visible from earth. The new moon is special, for it is a time to enfold into your true self, to merge with your spiritual source, to remember who you are, to receive guidance for the way ahead, and to rest before the next cycle of happenings.

As a symbolic portal for new beginnings, the new moon is the perfect time to set intentions for what you want to create, cultivate and manifest. It is a tabula rasa on which to write down your dreams.

Rev. Thony Innocent leads this very powerful New Moon Ceremony, blending the ancient ways with the many other spiritual pathways he has explored as a serious student of metaphysics.

Members: \$25
Non-members \$30

Saturday Evening Movies

Facilitator: Vincent Pellegrino

YOU CAN HEAL YOUR LIFE

Saturday, April, 6th at 6 PM

This inspirational film gives us insight into the personal story of Louise Hay's views on self-esteem, abundance and metaphysical causes of emotional and physical ailments.

FINDING JOE

Saturday, May, 11th, at 6 PM

This film takes you on an inspirational quest of self-discovery as you slay dragons and uncover treasures. You just may find that the Holy Grail you seek is closer than you think!

You are invited to join us after both movies for a discussion.

Admission to Each Film: \$5:00 Love Donation

Classes

Beginners' Akashic Records Class

Saturdays, April 27 and May 4,

10:00 AM-5 PM

Instructor: Lori Chrepta

Learn to read the Akashic Records, the energetic library that contains all information about your soul's journey – past, present and future. It is here that you gain knowledge, wisdom and healing on challenges you have had or are currently experiencing. Explore relationships, patterns in your life, events and situations. This is a truly transformative experience for those who are open to exploring their painful experiences and relationships and learning to see them in a new light.

Participants will be certified to read the Akashic Records for themselves and others and will leave the

class with a deeper connection to Spirit and to their own Divine selves.

Lori Chrepta is a teacher and reader of the Akashic Records, Soul Coach, clinical and spiritual hypnotist and energy alchemist. She is a channel for the Hierarchy of Light, primarily guided by St. Germain and Mother Mary. She holds degrees in Psychology and Counseling.



Members: \$250

(if registered by April 13)

Non-members \$275 *(thereafter)*

More-Than-Psychic Fairs

Fridays, April 26, May 31, and June 28

7:00 PM – 10:00 PM

Mediumship – Psychic – Tarot

Whatever your preference – we have talented mediums, psychics, and tarot readers available on these evenings. Or get readings in more than one discipline! The fee for each fifteen minute reading is **\$20.00 for members and \$25.00 for non-members.**

Final appointment bookings are for 9:30 PM.

(All readings are for your entertainment only.)

Classes

Psychic Development Tuesdays, April 2, 9, 16, 23, 30; May 7 at 7:30 PM

Instructor: Garry Gewant

Do you sometimes intuitively know about events before they actually occur? Do you ever enter a building and have a feeling about its "energy" or its history? Do you ever experience "deja vu"?

Of course you do – because you're psychic! In fact, we all are!

This class will enable you to recognize and access your innate psychic ability and to trust your intuitive

sense. It will also empower you to develop this fantastic ability and to utilize it wisely for your own benefit and for that of others. There will be some teaching and lots of practice and NEW exercises in a safe, friendly, supportive and fun environment.



Members: \$120
Non-members \$150

The Kybalion Thursdays, April 11, 18, 25; May 2

Instructor: Reverend Norma Victor

The Kybalion is composed of seven omnipresent principles revealed by the ancient Egyptian master, Hermes Trismegistus. These laws were so secret and guarded that they have been passed down over the millennia only via oral tradition to those who were worthy of this knowledge. In 1908 three Initiates of this teaching recorded The Kybalion as a written record for the benefit of those who wished to pursue higher learning and understanding of the Universal Laws that literally govern the mental and physical universe.

In this study you can empower yourself by gaining insight into the mind of God.

These laws are THE basis of all metaphysics.

Understanding these unwavering principles will enhance your ability to be the master of your own life and destiny.



Members: \$80
Non-members \$100

Classes

Meditation and Mindfulness Mondays, April 15, 22, 29; May 6

Instructor: Mark Gallagher

Meditation develops our capacity to relax, replenish and tune in to what's really important. It is the universal tool of health consciousness, and with dedicated practice, it can awaken our intuitive sense of universal connectedness.

Almost everyone has some kind of meditative practice. They just don't know it or put enough energy into applying it. Even a daily walk can be seen as a meditative connection.

Mindfulness is the ability to use the relaxed focus attained through

meditation to calm the body physically, mentally and emotionally. Mindfulness also helps us to understand and accept transition and ultimately transformation.



Join Mark as we discuss and engage in different ways and traditions to achieve meditative mindfulness.

Members: \$80
Non-members \$100

Volunteer Opportunities!

Each Sunday we have treats for the congregation in our hospitality area. If you would like to contribute on occasion, please speak with Catherine DiGerlando.

Ushers are needed for Sunday service. If you are interested in

being an usher, please speak with Nick Terpstra.

Volunteer sales associates are needed in the gift shop for Saturdays and Sundays. If you would like to help, please see Rev. Anna Marie Ludwig.

Reiki Share

Second and Fourth Sundays of Each Month

Led by Carreen McDonald and Helen Buckley

The purpose of Reiki Share is to give and receive in a casual atmosphere of friendship, honor, positive energy and devotion. All are invited; only those attuned to reiki will engage in healing.

Join us the second and fourth Sunday of each month after service from 12:30 to 1:30 PM for reiki healing, discussion, and a closing affirmation.

\$5.00 Love Donation

Classes

Shamanic Drumming and Journey Circle Thursdays, April 18, May 16, and June 20 At 7:30 PM

Led by Joshua Zoppi

Shamanism is the oldest spiritual tradition known to humanity. To the Shaman's eyes, the world around us is alive with Spirit. Learn to see with the Shaman's eyes, to explore the hidden worlds and to access the timeless wisdom known to our ancestors. Come and discover how Shamans helped their people live in harmony with the universe for thousands of years.

The drum is the heartbeat of Mother Earth. Come join us as we ride our drums into the Spirit World in search of healing, knowledge and power. Experience the Shamanic State of Consciousness and expand

your spiritual awareness. Bring back healing and restore your power where it has been lost. Establish a direct connection to the Spirit World, the center point of a lifelong personal Shamanic practice.



Bring a blanket, blindfold, and notebook for the journey. If you have a drum or rattle, bring it along. They are not required.

Members: \$25
Non-members \$30

A Course in Miracles Discussion Group

Second and Fourth Sundays of Each Month after Sunday Service

Facilitator: John Smallman

***"Nothing real can be threatened. Nothing unreal exists.
Herein lies the peace of God."***

A Course in Miracles is a universal thought system that teaches the way to love and inner peace through forgiveness. Throughout the world, there are thousands of study groups dedicated to its philosophy. From 2009 until October of this year, John Smallman was the anchor person for a Woodstock, NH, Course in Miracles discussion group. We are

very fortunate that he is available to facilitate this ISD Sparta group.

Join John and a group of like-minded individuals for an uplifting and inspiring journey to peace through A Course in Miracles . . .
"for everything is a lesson that God would have me learn."

Fee: \$5 donation

On-Going

H.E.L.P.

**Tuesdays, April 8 & 22; May 6 & 20; June 4 & 18
at 7:30 PM**

Facilitators: Stan Kelly and Carreen McDonald

HELP ("Healing from Eight Loving Practitioners") is an established small-group healing method based on Lynne McTaggart's book, *The Power of Eight*.

Group healing is exciting for anyone interested in sharing in a profound healing experience. In each HELP group, ISD members share the same intention and visualize a future of health, vitality, and joy tailored for each individual they heal. While the focus begins with the person being healed, both that person and the healers enjoy transformative healing benefits.

We invite all ISD members to join in the healings at 7:30 every first and third Tuesday of each month. When requested, HELP healings will also be available on Saturdays. Prior healing experienced is not required. We welcome your love donations.

Please text either Carreen at (973) 229-5535 or Stan at (201) 841-3245 if you are interested in participating as a healer or being healed as part of a power of eight group.

Fee: **\$5.00** Love Donation

Special Saturday Psychic Fair

April 13, May 18, June 15

11:00 AM to 3:00 PM

Mediumship – Psychic – Tarot – Healing

ISD's talented mediums, psychics, and tarot readers will be available for readings.

Or get readings in more than one discipline!

The fee for each fifteen minute reading is

\$20.00 for members

and **\$25.00 for non-members.**

Final appointment bookings are for 2:30 PM.

(All readings are for your entertainment only.)

Special Events

Kathy's Bag of Tricks

Sunday, May 19, 1-4:00 PM

Instructor: Rev. Kathy Kerston



This workshop, utilizing information from your astrology chart and your Human Design chart, will give you

the tools to empower your life based on specific areas of your life.

YOU MUST REGISTER AND PROVIDE KATHY WITH YOUR BIRTH INFORMATION AT LEAST TWO WEEKS PRIOR TO THE WORKSHOP.

Members: \$60

Non-members \$80

Pendulum Divination

Sunday, May 26, after Service

Instructor: Rev. Juan Villagran

Everyone can benefit from knowing what lies ahead. Using the pendulum for divination is one of the easiest ways to get answers from your higher self because pendulum divination is a connection with the universal energy. In the past, the pendulum was often used to locate underground source water, minerals and lost objects, but the pendulum can also be utilized to diagnosis illness, predict the weather, guess the lottery or obtain answers to large

range of questions.

In today's world, it is comforting to know that you can rely on a divination system with confidence, whether for personal guidance, business advice, or assisting others. Join Juan to learn how to utilize the pendulum to your greatest advantage!



Members: \$60

Non-members \$80

Free Wellness Lecture

May 5 after Sunday Service

Topic will be posted on ISD's website.

Are you on our mailing list to be notified?

Workshop

Past Life Regression Workshop Sunday, June 2, 1 - 6 PM

Instructor: Garry Gewant



Have you ever felt a sense of déjà vu? Do you think you may have lived in another place or another time?

Would you like to learn more?

Garry Gewant will be your guide to your past lives. Garry was trained in PLR Therapy by Paul Aurand (successor to Dr. Michael Newton, author of *Journey of Souls*). He is certified in Past Life Regression Therapy through the Weiss Institute, where he received his training from Dr. Brian Weiss, author of *Many*

Lives Many Masters.

Following an introduction and opening meditation, workshop participants view a DVD about past life regression and experience two deep hypnosis states to prepare for the PLR. After the PLR, we will have a group discussion and share our past life experiences.

The afternoon promises to be fascinating and informative!

Members: \$60
Non-members \$80

WATCH FOR IT!

CREATING YOUR OWN PERSONAL BLEND OF ESSENTIAL OILS
WITH DANIELLE DAGATA



On certain fortuitous Sundays, Danielle Dagata will be available after service in the gift shop! For a nominal fee, she will create a roller bottle blend of ESSENTIAL OILS for you and show you how you can purchase your own oils and bottles and create other blends for yourself and your family.

Essential Oil blends can be based on your astrology chart, on your personal needs or on the iTOVi Scanner, which uses galvanic skin response technology and provides customers with individualized information when they choose nutritional products, oils and supplements.

On-Going

Healing Circle Wednesdays at 7:30 P.M.

Led by Terence Mulligan

Join us. Our healing circle is an island of peace and spiritual recovery in the middle of the week. Experience meditation, distance healing for far-away family and friends, laying-on-of-hands for yourself from multiple ISD healing practitioners.

You may find a lessening of stress, fear, pain, loneliness – or get a boost of energy or clarification of mind. Friendly discussion afterward.

A Love Donation of **\$5** is appreciated.

FREE WELLNESS LECTURE! Introduction to Hypnosis Sunday, June 23, after Service

Instructor: Garry Gewant

Would you like to know how hypnosis can improve your life ?

Garry Gewant , director and lead Hypnotherapist at HYP4LIFE Inc., explains how hypnosis, positive visualization and guided imagery can be successfully utilized for: Smoking Cessation, Weight Control, Stress Management, Elimination of Fears and Phobias, Improving Sports,

Artistic, and Academic Performance, Anger Management, and Past life Regression Therapy.

Join Garry for a fascinating experience that may change your life. You owe it to yourself!


Psychic – Tarot – Mediumship

Schedule private readings!

Readers are available through the gift shop on weekdays and Saturdays by appointment only.

Just call 973-551-5300.

Brochure Sponsors



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Fee Schedules and Class/Workshop Policies

Class/Workshop Policies

*Please read through our policies before signing up for a class. Register early, as class size is limited.

*Payment for classes or workshops must be made in full AT LEAST ONE WEEK IN ADVANCE to ensure your spot. Send a self-addressed, stamped envelope if paying through mail. You can also pay in the bookstore or over the phone (973-729-5493) using your credit card.

*We reserve the right to cancel any class or workshop when fewer than the designated minimum number of stu-

dents register one week prior to the class date. If you have paid for a class that we cancel, you will receive a FULL REFUND/CREDIT. Refunds for class or workshop fees are only made if the class is cancelled by us or if you cancel NO LESS THAN ONE WEEK prior to class date. We cannot be held responsible for changes in personal circumstances that prevent your participation.

Fee Schedule

All classes and workshops MUST be prepaid. To pay by credit card call (973) 729-5493

Classes

1 Class Sessions

Members	\$25
Non-Members	\$30

4 Class Sessions

Members	\$80
Non-Members	\$100

6 Class Sessions

Members	\$120
Non-Members	\$150

8 Class Sessions

Members	\$160
Non-Members	\$200

(Note: 8 class sessions fees may be divided into 2 equal payments)

Lectures and Special Events:

Members	\$25
Non-Members	\$30

Regular Psychic Fair Readings:

Members	\$20
Non-Members	\$25

Workshops

1/2 Day In-House Workshops

Members:	\$60
Non-Members	\$80

Full Day In-House Workshops

Members	\$120
Non-Members	\$160

Ministerial Staff & Committees

Ministerial Staff

Director	Rev. Kathy M. Kerston
Assistant Director	Rev. Anna Marie Ludwig
.	Rev. Norma Victor
.	Rev. Christina Fritsch
.	Rev. Thony Innocent
.	Rev. Susan Cahill
.	Rev. John Drinkard
.	Rev. Juan Villagran
.	Rev. Pennie Roland (TN)
.	Rev. Karen Slember (FL)

Executive Board

President	Mark Gallagher
Vice President	Andrew Knapp
Treasurer	Betty Gonter
Secretary	Maureen Zeglen
Trustees	Mark Frantz
.	Nick Terpstra
.	Mark Stetzel
.	Careen McDonald

Committees & Chairpersons

Book Store	Rev. Anna Marie Ludwig
Building Fund	Betty Gonter
Building and Grounds	Mark Frantz
Flowers	Mark Stetzel
Healing	Terence Mulligan
Ministerial Students	Rev. Norma Victor
Membership	Betty Gonter
Marketing & Publicity	Tanya Bischoff
.	Andrew Knapp
Outreach	Rev. John Drinkard
Psychic Fairs	Andrew Knaap and
.	Elaine Madsen
Publications	Rev. Susan Cahill
Web Brochure Design	Dale Anderson
Sunshine	Ministerial Staff
Ushers	Nick Terpstra
Volunteers	Rev. Norma Victor
Website	Bob Victor

Spiritual and Religious Needs

The Institute seeks to serve the complete individual, and the whole community, for from this will come the hopes and ideals for a better world. We desire to live together in such affection as will allow us to express our individuality without being threatened by our differences.

The Institute is the center of our life together, weaving the strands of ourselves into a pattern, a design, a meaning, uniting us as companions on the journey, helping us in the pilgrimage to spiritual awareness.

The Institute facilities and Ministerial Staff are available for all of your spiritual and religious needs, including Weddings, Baptisms and Christenings, Funeral and Memorial Services, and Spiritual Counseling and Healing.

Membership

Membership is open to all who aspire to the path of self-realization and wish to share their spiritual progress with the company of supportive and like-minded individuals. Please discuss your interest in becoming a part of our vital spiritual community with a member of the Ministerial Staff. The yearly membership fee is \$30 per individual and \$40 per family

Education

Dedicating itself to the highest standards of achievement, knowledge, and service, the Institute for Spiritual Development recognizes the need for thorough education of its ministers and congregation. All are invited to study within the context of a viable and dynamic education system. To those called to the level of Holy Orders, the Institute offers a vigorous and extensive pursuit for spiritual and intellectual excellence.

The Institute Education Program presents a wide variety of classes, workshops, seminars, and learning experiences to stimulate spiritual growth and personal development.

*What's the best way to keep up
with events at ISD?
Check the website often and sign
up for email alerts!*

Calendar of Events

APRIL

1 (M)	Mediumship Demonstration
2 (T)	Psychic Development
3 (W)	Healing Circle
4 (Th)	New Moon
6 (Sat)	Movie with Vincent
8 (M)	H.E.L.P.
9 (T)	Psychic Development
10 (W)	Healing Circle
11 (Th)	Kybalion
13 (Sat)	Afternoon Psychic Fair
14 (Sun)	A Course in Miracles Reiki Share
15 (M)	Meditation and Mindfulness
16 (T)	Psychic Development
17 (W)	Healing Circle
18 (Th)	Kybalion Shamanic Drumming
21 (S)	Easter
22 (M)	H.E.L.P. Meditation and Mindfulness
23 (T)	Psychic Development
24 (W)	Healing Circle
25 (Th)	Kybalion
26 (F)	Psychic Fair
27 (Sat)	Lori Chrepta and the Akashic Records
28 (Sun)	A Course in Miracles Reiki Share
29 (M)	Meditation and Mindfulness
30 (T)	Psychic Development

MAY

1 (W)	Healing Circle
2 (T)	Kybalion
4 (Sat)	New Moon Lori Chrepta and the Akashic Records
5 (Sun)	Wellness Lecture
6 (M)	H.E.L.P. Meditation and Mindfulness
7 (T)	Psychic Development

8 (W)	Healing Circle
11 (Sat)	Movie with Vincent
12 (Sun)	A Course in Miracles Reiki Share
15 (W)	Healing Circle
16 (Th)	Shamanic Drumming
18 (Sat)	Afternoon Psychic Fair
19 (Sun)	Workshop: Kathy's Bag of Tricks
20 (M)	H.E.L.P.
22 (W)	Healing Circle
26 (Sun)	A Course in Miracles Reiki Share Pendulum
29 (W)	Healing Circle
31 (F)	Psychic Fair

JUNE

2 (Sun)	Workshop: Past Life Regression
4 (T)	H.E.L.P.
5 (W)	Healing Circle
9 (Sun)	A Course in Miracles Reiki Share Soul Injury Workshop
12 (W)	Healing Circle
15 (Sat)	Afternoon Psychic Fair
18 (T)	H.E.L.P.
19 (W)	Healing Circle
20 (Th)	Shamanic Drumming
22 (Sat)	Summer Solstice
23 (Sun)	Free Wellness Lecture A Course in Miracles Reiki Share
26 (W)	Healing Circle
28 (F)	Psychic Fair



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Gift Store

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For more information or to schedule a reading, call

973-551-5300

What's the best way to keep up with ISD events?

Check the website often:

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Sign up for e-mail alerts!

