

Calendar of Events

January

| | | |
|----|----------|--|
| 2 | 7:30 PM | Development Circle |
| 5 | 12:30 PM | Art of Awareness |
| 6 | 7:30 PM | Journey of Your Soul |
| 7 | 7:00 PM | H.E.L.P. Healing |
| 8 | 7:30 PM | Healing Circle |
| 9 | 7:30 PM | Journey of Your Soul Development Circle |
| 12 | 12:30 PM | Course in Miracles |
| 14 | 7:00 PM | H.E.L.P. Healing |
| 15 | 7:30 PM | Healing Circle |
| 16 | 7:30 PM | Journey of Your Soul Development Circle |
| 19 | 12:30 PM | Movie "What The Bleep Do We Know?" |
| 21 | 7:00 PM | H.E.L.P. Healing |
| 22 | 7:30 PM | Healing Circle |
| 23 | 7:30 PM | Journey of Your Soul Development Circle |
| 26 | 12:30 PM | Course in Miracles |
| 28 | 7:00 PM | H.E.L.P. Healing |
| 29 | 7:30 PM | Healing Circle |
| 30 | 7:30 PM | Journey of Your Soul Development Circle |
| 31 | 7:00 PM | Psychic Fair |

February

| | | |
|----|----------|---|
| 2 | 7:30 PM | Development Circle |
| 3 | 7:00 PM | Qigong: Energy & Health |
| 4 | 7:00 PM | H.E.L.P. Healing |
| 5 | 7:30 PM | Healing Circle |
| 6 | 7:30 PM | Development Circle |
| 9 | 12:30 PM | Healing Ancestral Wounds |
| | 12:30 PM | Course in Miracles |
| 10 | 7:30 PM | Messages from Loved Ones |
| 11 | 7:00 PM | H.E.L.P. Healing |
| 12 | 7:00 PM | Healing Circle |
| 13 | 7:30 PM | Potpourri of Metaphysical Sciences, Pendulum |
| 16 | 12:30 PM | Movie "A Dogs Journey" |
| | 7:30 PM | Development Circle |
| 17 | 7:30 PM | Power of the Pendulum |
| | 7:00 PM | QiGong: Energy & Health |
| 18 | 7:00 PM | H.E.L.P. Healing |
| 19 | 7:30 PM | Healing Circle |
| 20 | 7:30 PM | Potpourri of Metaphysical Sciences Kabbalah |
| | 7:30 PM | Development Circle |
| 23 | 12:30 PM | Course in Miracles |

| | | |
|----|---------|--|
| 24 | 7:30 PM | Power of the Pendulum |
| | 7:00 PM | Qigong: Energy & Health |
| 25 | 7:00 PM | H.E.L.P. Healing |
| 26 | 7:30 PM | Healing Circle |
| 27 | 7:30 PM | Potpourri of Metaphysical Sciences, Tarot |
| | 7:30 PM | Development Circle |
| 28 | 7:00 PM | Psychic Fair |

March

| | | |
|----|----------|---|
| 2 | 7:30 PM | Power of the Pendulum |
| | 7:00 PM | Qigong: Energy & Health |
| 3 | 7:30 PM | Healing Certification Class |
| 3 | 7:00 PM | H.E.L.P. Healing |
| 4 | 7:30 PM | Healing Circle |
| 5 | 7:30 PM | Potpourri Of Metaphysical Sciences, Human Design |
| | 7:30 PM | Development Circle |
| 8 | 12:30 PM | Course in Miracles |
| 9 | 7:30 PM | Power of Pendulum |
| | 7:00 PM | Qigong: Energy & Health |
| 10 | 7:30 PM | Healing Certification Class |
| | 7:00 PM | H.E.L.P. Healing |
| 11 | 7:30 PM | Healing Circle |
| 12 | 7:30 PM | Potpourri of Metaphysical Sciences, Palmistry |
| | 7:30 PM | Development Circle |
| 16 | 7:00 PM | Qigong: Energy & Health |
| 17 | 7:30 PM | Healing Certification Class |
| | 7:00 PM | H.E.L.P. Healing |
| 18 | 7:30 PM | Healing Circle |
| 19 | 7:30 PM | Potpourri of Metaphysical Sciences, Numerology |
| 21 | 7:00 PM | Magical Moment, Spring Equinox |
| 22 | 12:30 PM | Course in Miracles |
| 23 | 7:00 PM | Qigong: Energy & Health |
| 24 | 7:00 PM | H.E.L.P. Healing |
| | 7:30 PM | Healing Certification Class |
| 25 | 7:30 PM | Healing Circle |
| 26 | 7:30 PM | Development Circle |
| 27 | 7:00 PM | Psychic Fair |
| 30 | 7:00 PM | Qigong: energy & Health |
| 31 | 7:30 PM | Healing Certification Class |
| | 7:00 PM | H.E.L.P. Healing |

Institute for Spiritual Development



"A Church & Holistic Center For Metaphysical Living"

2020
Winter Brochure
January, February, March

15 Sparta Avenue, Sparta, NJ
(973) 551-5300*
www.isdsparta.org

Services

You are invited to join us each Sunday morning at 10:30 am in a Service of Celebration.

The services are centered on God's most precious gifts to us and our greatest gifts to one another – Love and Understanding.

We invite you to take the opportunity to express and experience a sense of the Infinite Presence within yourself in an atmosphere of love, friendship, understanding, and support.

National Headquarters

Institute for Spiritual Development
5611 NE 16th Ave.,
Fort Lauderdale, Florida 33338
Reverend James De Biasio, Spiritual Advisor
954-229-0758

Other Institute for Development Locations

5419 Sherier Place NW,
Washington, DC 20016
Reverend Rob Banaszak, Director
202-363-7106

1789 Old Dixie Highway
Vero Beach, FL
Rev. Melinda Witter

170 Main Street, (Masonic Lodge #93)
Madison, NJ 07940
Reverend Diana Flanagan, Director
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Ministerial Staff

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Assistant Director . Rev. Anna Marie Ludwig
. Rev. Norma Victor
. Rev. Christina Fritsch
. Rev. Thony Innocent
. Rev. John Drinkard
. Rev. Juan Villagran
. Rev. Pennie Roland (TN)
. Rev. Karen Slember (FL)

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Spiritual and Religious Needs

The Institute seeks to serve the complete individual, and the whole community, for from this will come the hopes and ideals for a better world. We desire to live together in such affection as will allow us to express our individuality without being threatened by our differences.

The Institute is the center of our life together, weaving the strands of ourselves into a pattern, a design, a meaning, uniting us as companions on the journey, helping us in the pilgrimage to spiritual awareness.

The Institute facilities and Ministerial Staff are available for all of your spiritual and religious needs, including Weddings, Baptisms and Christenings, Funeral and Memorial Services, and Spiritual Counseling and Healing.

Membership

Membership is open to all who aspire to the path of self-realization and wish to share their spiritual progress with the company of supportive and like-minded individuals. Please discuss your interest in becoming a part of our vital spiritual community with a member of the Ministerial Staff. The yearly membership fee is \$30 per individual and \$50 per family

Education

Dedicating itself to the highest standards of achievement, knowledge, and service, the Institute for Spiritual Development recognizes the need for thorough education of its ministers and congregation. All are invited to study within the context of a viable and dynamic education system. To those called to the level of Holy Orders, the Institute offers a vigorous and extensive pursuit for spiritual and intellectual excellence.

The Institute Education Program presents a wide variety of classes, workshops, seminars, and learning experiences to stimulate spiritual growth and personal development.

*What's the best way to keep up with events at ISD?
Check the website often and sign up for email alerts!
www.isdsparta.org*

Fee Schedules and Class/Workshop Policies

Class/Workshop Policies

*Please read through our policies before signing up for a class. Register early, as class size is limited.

*Payment for classes or workshops must be made in full AT LEAST ONE WEEK IN ADVANCE to ensure your spot. Send a self-addressed, stamped envelope if paying through mail. You can also pay in the bookstore or over the phone (973-729-5493) using your credit card.

*We reserve the right to cancel any class or workshop when fewer than the designated minimum number of stu-

dents register one week prior to the class date. If you have paid for a class that we cancel, you will receive a FULL REFUND/CREDIT. Refunds for class or workshop fees are only made if the class is cancelled by us or if you cancel NO LESS THAN ONE WEEK prior to class date. We cannot be held responsible for changes in personal circumstances that prevent your participation.

Fee Schedule

All classes and workshops MUST be prepaid. To pay by credit card call (973) 729-5493

Classes

1 Class Sessions

Members\$25
Non-Members\$35

4 Class Sessions

Members\$80
Non-Members\$120

6 Class Sessions

Members\$120
Non-Members\$180

8 Class Sessions

Members\$160
Non-Members\$240

(Note: 8 class sessions fees may be divided into 2 equal payments)

Lectures and Special Events:

Members\$25
Non-Members\$35

Regular Psychic Fair Readings:

Members\$20
Non-Members\$30

Workshops

1/2 Day In-House Workshops

Members:\$60
Non-Members\$90

Full Day In-House Workshops

Members\$120
Non-Members\$180

About the Institute

The Institute is a non-profit organization, dedicated to the service of your growing awareness and to fostering an environment in which each individual may be stimulated to pursue his or her own true spiritual unfoldment, uninhibited by dogmatic concerns. To arouse a process of joyous living, creative genius, cooperation, health, prosperity, and universal service is to arouse the spiritual heart of the organization.

Believing that the search for your truth embodies a personal examination of all philosophies and religions, the Institute Experience seeks to provide the focal point for that search and a nurturing environment in which the evolution of your spiritual progression may be realized.

Offering a wide variety of growth experiences, the Institute and its well-trained professional staff provide the fulcrum where each may endeavor to explore and express the Truth as he or she understands it. The on-going and comprehensive series of study and development experiences in esoteric, metaphysical, occult, healing and personal growth are augmented by the spiritual fellowship, guidance and shared experiences which are available.

Needing only an openness to Truth, the seeker is then encouraged to pursue the expansion of awareness of his or her inner self through service, and to unfold in the arms of love the potential for perfection that lies awaiting within.

A Church for Metaphysical Living, the Institute seeks to provide a common ground in which souls passionate to grow may resolve the differences of mind and experience which appear to separate us and grow by sharing, in joy as well as in pain. The Institute is a shelter to nurture the best that is within us, a proving ground of our resolve, a place of peace, and hope, and light, and comfort, of work, of rest, of spiritual growth, of enlightenment.

Thus, with love do we greet you, and with hope do we grow with you . . . not by the efforts of one or a few, but by the energy of all.

*Reverend James E. De Biasio,
Spiritual Advisor*

*Institute For Spiritual Development - Sparta
Director and Spiritual Advisor, Kathy Kerston*



Events

An Awesome Opportunity

The Art of Awareness

Sunday, January 5th 12:30pm

After Services

Presenter: Lucia Cochran

Lecture and Readings with **Lucia Cochran** on honing the art of being in the space of awareness and the observer at the same time

"Not only as a medium and psychic does this ability help us deliver guidance, it also allows us to navigate through life more effortlessly in times of struggle and challenge. This practice keeps us from getting caught up in this 3D space and time and when there is discordance".

Lucia will give readings to the students by taking questions from them in this open table discussion. She will demonstrate how to observe the topic/situation at hand, while allowing herself to be a pure channel of information for you.

This event will show you how to hear the topic/question/situation yet observe it and be removed at the same time so that you may allow the Universal Intelligence to flow through you.

"Let us realize that engagement and detachment aren't opposite – the more engaged we become, the more detached we will have to be . . ."
– Deepak Chopra

Members: \$25
Non-members: \$35

Messages from Loved Ones in Spirit

An Evidential Mediumship Gallery

With 3 of ISDs incredible mediums

Lucia Cochran, SherryLynn & Gary Gewant

Monday, February 10, at 7:30

Our Mediumship Demo's are all well attended please sign up early

Members: \$25
Non-members: \$35

On-Going

H.E.L.P.

Tuesdays at 7:00 PM

Facilitators: Stan Kelly and Carreen McDonald

H.E.L.P. is a small-group healing method based on Lynne McTaggart's book, *The Power of Eight*.

found healing experience.

Please text either Carreen (973) 229-5535 or Stan (201) 841-3245

Group healing is exciting for anyone interested in sharing in a pro-

if you are interested in participating.

Fee: **\$5.00** Love Donation

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AMERICAN INSTITUTE

OF HUMAN RELATIONS

Christina Fritsch, M.A., L.P.C.

Psychotherapist

**Sparta, NJ 07871
973-729-0644**

More-Than-Psychic Fairs

January 31, February 28 , March 27
7:00 pm – 10:00 pm

Whatever your preference – we have talented mediums, psychics, and tarot readers available on these evenings. The fee for each fifteen minute reading is

**\$20.00 for members
and \$30.00 for non-members.**

Final appointment bookings are for 9:30 PM.

(All readings are for your entertainment only.)

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Events

Healing Ancestral Wounds

Sunday, February 9th

at 12:30 p.m. *After Services*

Presenter: Rev. John Drinkard

We carry within us the tears of our ancestors.

We are personally affected by the wounds of our ancestors. Some say these wounds go back seven to fourteen generations.

Trauma and loss create cellular memories that are transmitted to future generations. We have inherited these ancestral wounds and passed them along to our descendants. These deep, penetrating wounds are often characterized by internalized guilt and shame. They separate us from our true self, causing us to feel flawed, defective and less than whole.

Join us as we apply ancient Shamanic practices to journey to our ancestors and bring these wounds into our consciousness. We will then employ modern day trauma resolution techniques of imagery, neuroplasticity and somatic experiencing to grieve and release these transgenerational wounds.

This is an extraordinary opportunity to heal your ancestral wounds. Don't miss it!

Members: \$25
Non-members: \$35

Movies!!!

Sunday, January 19 at 12:30p.m.

"What The Bleep Do We Know"

Science and Spirituality come together in a mind-bending trip down the rabbit hole.

Sunday, February 16 at 12:30 p.m. -

"A Dog's Journey"

Some friendships transcend life times.

This film picks up where a Dog's Purpose left off.

You are invited to join us after the movie for a discussion.
Love Donation of **\$5.00** to the ISD Building Fund is appreciated.

Events

A MAGICAL MOMENT

Spring Equinox

Saturday, March 21, at 7:00 p.m.

Led by Rev. Thony Innocent and Rev. John Drinkard

The astrological aspects that are taking place at the time of this ritual are powerful.

This Equinox takes place with a beneficial aspect between Venus and Neptune. Neptune the miracle maker and Venus the planet of love, money and creativity.

At the hour of this ritual the Moon is conjunct Mercury and making a beneficial angle to Uranus, and Jupiter and Mars are at the exact degree. The Sabian symbol for the degree of Uranus is, The Rainbows Pot of Gold.

The Spring Equinox opens the veil between the physical and the spiritual so that a resurrection in our lives can be inaugurated. The keynote of this season is creation. It is the drive to move our lives upward, like a seed pushing forth out of the earth into the air. The spring is the time when the creative powers we have been nurturing through the winter

can be expressed to initiate a new world of opportunities for ourselves. There is a fresh outburst of exuberant life, and it holds many opportunities for those who align with its rhythms and forces.

This is an excellent time to initiate a new order within one's life. It is an ideal time for a burning out of the old so that the new seeds have room to sprout and be given new expression, thus exemplifying one of the hidden significances in the Christ teaching: "Do not put new wine into old skins." It is also the time during which the veil between the physical and the spiritual is thinned, easing opportunities to access and invoke dynamic spiritual energy into one's life. It is an excellent time to invoke energy that will assist you in making things new within all areas of your life. It is a time for awakening new teachers upon the earth plane.

Members: \$25
Non-members \$35

We are a Metaphysical Church that honors and celebrates each soul. Our community provides an unconditionally loving and healing environment that affirms and encourages all seekers on their spiritual journey.

On-Going

Healing Circle

Wednesdays at 7:30 P.M.

Led by Terence Mulligan

Join us. Our healing circle is an island of peace and spiritual recovery in the middle of the week. Experience meditation, distance healing for far-away family and friends, laying-on-of-hands for yourself from multiple ISD healing practitioners.

You may find a lessening of stress, fear, pain, loneliness – or get a boost of energy or clarification of mind. Friendly discussion afterward.

A Love Donation of **\$5** is appreciated.



ISD Gift Shop



The Inner Journey at ISD A Metaphysical Gift Shop

Located in the Holistic Center at ISD

15 Sparta Avenue, Sparta, NJ 07871

*Music . . . Jewelry . . . Candles . . . Sage . . . Incense . . . Soaps . . .
Art . . . Pendulums . . . Oracle Cards . . . And Much More!*

Store Hours:

1st & 3rd Saturdays of every month – 11:00 am to 3:00 pm
Sundays After Service Until 1:00 pm

During Friday Night Psychic Fairs

Psychics are available through the gift shop by appointment only.

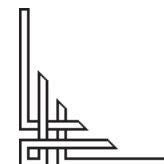
For more information or to schedule a reading, call

973-551-5300

What's the best way to keep up with ISD events?

Check the website often: www.isdsparta.org

Sign up for e-mail alerts!



Classes

The Power of the Pendulum

**Mondays: February 17, 24,
March 2, March 9**

Presenter: Rev. Juan Villigan

Trusting our abilities is very important for our spiritual growth.

In this class the pendulum will help

bring self confidence and the practice will bring trust In your intuition.

Members: \$80
Non-members \$120

Qigong: Energy-Health

Feb 3 – March 30th,

Mondays 7:00 p.m.

Presented by: Mark Gallagher

Beginner to expert – all levels

Qigong is a breath-movement practice that improves energy flow.

The gentle movements stir currents in the body to energize circulation channels, release blockages, restore metabolic function and alleviate pain.

Qigong is a fun way to lighten up, improve strength, increase mental clarity, emotional balance, physical

energy, and to reduce stress. Daily practice restores harmony and balance to one's energy flow, invigorates the body, calms the nervous system, improves circulation and immune function.

Join us as we explore the simple and graceful energy practice of Qigong.

Members: \$20 per class
Non-members \$30 per class

On-Going

Development Circle

Thursdays at 7:30 p.m.- 9:00 p.m.

Presented by Frank Steyh

This Development Circle is for ISD members only. It is a practice class for the development of psychic and evidential mediumship. Anyone who has previously taken a psychic or evi-

dential mediumship development class and wants to improve his skills is welcome to attend. The fee is \$5.00 per session.

Class

“The Journey of Your Soul”

a 4-week Class at the ISD

Thursdays: January 9, 16, 23, 30

(Snow date 2/6/2020)

from 7:30 – 9:30 p.m.

Facilitator: Garry Gewant

The workshop will include, but not be limited to the subjects of:

- Engage the Sacred from the Seven Directions (the Medicine Wheel)
- Hypnosis (the workshop will include experiencing hypnosis)
- The conscious, subconscious and super conscious.
- Past Lives, the “NOW” and Future Lives
- Free Choice vs. Alternate Realities
- Organized religions vs. your personal intuitive belief system
- Higher self, spirit guides, Psychic and Mediumship abilities, the soul, and more.

What you will be participating in:

- 4 different group hypnosis experiences including:
- A group Past Life Regression.
- A basic psychic development exercise.

- An exercise to visualize and build your personal Spiritual Sanctuary.
- An energy healing (Reiki type) exercise.

Discussions covering:

- How hypnosis works.
- Why you “Chose” your current life.
- Your Karmic responsibilities (to yourself and others).
- Past Lives, Future Lives, Reincarnation.
- Souls; their growth, their helpers, their challenges, successes and more.

Garry Gewant – has been a member of the ISD for almost 20 years and is a retired special education high school teacher, a hypnotherapist, a Past Life Regressionist, a Medium and the author of: *“I’ll Take Hypnosis with a Side of Mediumship: A Journey from Atheism to Spirituality.”*

Members: \$80
Non-members \$120

Class

ISD Healing Certification Class

Tuesdays, March 3, 10, 17, 24, & 31
April 7, 14, 21, & 28
May 5, 12, & 19
from 7:30 to 9:00 p.m.

Instructors: Terrence Mulligan and Rev. Norma Victor
 Class Minimum – 20

February 16 is the Registration Deadline for this course.

Please register in the Book store or Online
 and secure your place with a \$80.00 deposit.

Deposits must be in by February 23rd.

Your Deposit will be refunded if the class is canceled.

This intensive twelve week training class is open to everyone and is a requirement for anyone wishing to serve as a Healer during Sunday Service or at our Wednesday Evening Healing Circle.

Attendance at all twelve sessions of this class is required. If something important does come up, the class will be made up at the next healing circle.

The ability to heal is universally held by all. This course is designed to prepare you to use techniques which channel the Divine Healing Energy that constantly flows through the universe. Using a variety of approaches, including the laying-on-of-hands, distance healing, and self-

healing, the instructors will provide you with many opportunities to experience channeling the Divine's energy to send healing to auric fields, the chakra system, and physical bodies.

This twelve week block of classes is designed to provide lots of practice, practice, practice. We will have lectures on healing theory, the energy systems of the body, various healing techniques lecturers by guest speakers. Members of Sparta ISD who have already completed the Healing Course may attend this series of classes or any one class as a refresher for free.

Members: \$240
Non-members \$360

Free Wellness Lectures:

To Be Announced

Check Website for Details - Sign Up To Be On The Mailing List

Classes

Potpourri of Metaphysical Sciences

Thursdays at 7:30 p.m. - 9:00 p.m.

Presented by Our Ministers

February 13 – *Rev. Juan Villigan* **How to use the Pendulum**

In this class you will learn to trust your higher self while you use the pendulum to find the pros and cons of any questions you have,

February 20 – *Rev. Thony Innocent* **Welcome to Kabbalah**

In this class you will be introduced to the meaning of the Tree of Life and its significance in your life. You will learn Tree of Life and the Middle Pillar exercises. You will also be introduced to the power of words and sacred sounds and how to use them effectively in your life.

February 27 – *Rev. Anna Marie Ludwig* **One Night Tarot Class**

Curious about the Tarot but never wanted to commit to a full class? Come and satisfy that curiosity and maybe get a little insight as well.

March 5 – *Rev. Kathy Kerston* **Human Design**

This class will cover a basic understanding of Human Design and how it can help you navigate your life. What is your profile? Are you an energy type?, How should you make decisions? What are the fear gates?

March 12 – *Rev. Christina Fritsch* **Palmistry**

Let palmistry be a conduit for develop-

ing your psychic abilities (*everyone is psychic!*). When you understand that everything is connected and you are part of this connection, amazing things can happen! We will cover basic Palmistry, how it taps into your psychic abilities and how it can lead you into your mediumship! This is an interactive class . . . you will learn to give and receive information. Give yourself the opportunity to explore this realm . . . it will be fun and you will surprise yourself!

March 19 – *Rev. Norma Victor* **Numerology**

Numerology is the study of the numbers in your life. Similar to Astrology, where every planet has an influence in your life, so do the numbers in your name and birth date have an influence on the course of your life. Numerology can be used to help you to better understand yourself as an individual as well as the world around us. Discover insights about your purpose and personality traits by working out your life path and Destiny numbers.

Individual Classes

Members: \$25
Non-members \$35

All 6 Classes:

Members: \$120
Non-members \$180

*What's the best way to keep up
 with events at ISD?*

*Check the website often and
 sign up for email alerts!*